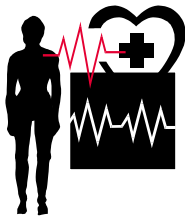
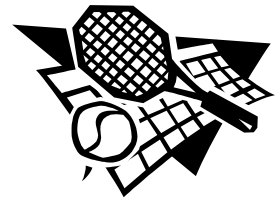


# Missouri Southern State University

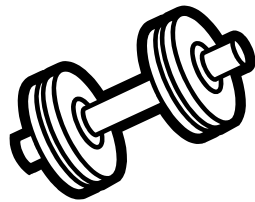
## Kinesiology Department



Physical Education



Health Promotion  
& Wellness



# Student Handbook

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## **Missouri Southern State University**

### **Our Mission**

Missouri Southern State University is a state-supported, comprehensive university offering programs leading to the bachelor's degree and to selective master's degrees in collaboration with other universities. The University has a statewide mission in international education granted to MSSU by special legislation.

The University's primary goal is to offer a baccalaureate program that fosters the total education of each student. Central to that mission is the strong commitment to international education, to the liberal arts, to professional and preprofessional programs, and to the complementary relationship that must exist between liberal and professional education in order to prepare individuals for success in careers and lifelong learning.

Inherent in its international approach to undergraduate education is the University's desire to prepare its students to understand world affairs, international issues and other cultures as seen through their history, geography, language, literature, philosophy, economics and politics. Knowledge and understanding of other cultures of the world also promote better understanding of our own valuable cultural diversity.

Missouri Southern's commitment to the liberal arts is reflected in a comprehensive program of general education requirements for all students to ensure that they have a breadth of educational experiences which will enable them to develop communication and critical thinking skills and to acquire and apply aesthetic, contemporary, civic, international, historical, mathematical, scientific and value-oriented perspectives.

The faculty and staff of Missouri Southern State University emphasize quality teaching and learning as the most important attributes of the university, complemented by scholarly and creative expression and dedicated community service. Community service involves responsiveness to the Southwest Missouri region as well as serving as the intellectual, creative and cultural center of the area.

In order to remain loyal to the trust given to the university by the people of the State of Missouri, Missouri Southern State University will:

- fulfill its mission and objectives in an honorable and ethical manner;
- periodically review its mission in light of contemporary changes in society and in the needs of the people of Missouri;
- continually assess the effectiveness of its programs in order to ensure their quality and integrity.

## **Department of Kinesiology**

### **Mission**

Faculty in the Department of Kinesiology believe that all students at Missouri Southern State University should be trained in sound principles of fitness and wellness. Students will be assessed on all dimensions of wellness and will be provided with the knowledge and skills to make intelligent lifestyle choices for illness prevention and improved quality of life. It is the philosophy of the department that students seeking a degree in Physical Education or Health Promotion and Wellness be ambassadors of physical fitness and healthy lifestyles.

The Kinesiology Department offers two degrees: the Bachelor of Science in Education degree (B.S.E.) with a major in Physical Education K-12 and the Bachelor of Science (B.S.) degree with a major in Health Promotion and Wellness.

#### *Physical Education Major*

For students who desire certification as a teacher of physical education, the department of kinesiology offers a major in physical education with K-12 certification. Graduates with a degree in physical education may choose to teach or to pursue opportunities in coaching, athletic training, special physical education, or graduate school. The department offers areas of emphasis in Pre-Athletic Training, Coaching, and Health Education. Teacher education at Missouri Southern is recognized for its quality at the local, state, and national levels. The program is fully accredited by the National Council for the Accreditation of Teacher Education (NCATE), is approved by the Missouri Department of Elementary and Secondary Education (DESE), and is recognized by the National Association for Sport and Physical Education (NASPE).

#### *Health Promotion and Wellness Major*

Students in the department of kinesiology may choose to pursue a major in health promotion and wellness. Graduates in this major will be prepared to work with people and teach life-style strategies to prevent illness and improve the quality of life. Students have the option of choosing a “clinical” or “non-clinical” track. Students seeking the health promotion and wellness degree will actively participate in an internship experience in their final semester. Graduates in this major may seek professional opportunities in a wide variety of areas including, but not limited to:

Physical/occupational therapy	Fitness/wellness centers
Cardiac rehabilitation	YMCA/YWCA
Graduate school	Hospital wellness
Business/corporate fitness	Personal trainer
Exercise physiology	Geriatric programs

#### *Health Certification*

The Missouri Department of Elementary and Secondary Education (DESE) identifies health as a certification area. To teach health in the state of Missouri, one must be certified. Courses required for such certification are offered at Missouri Southern. An alternative path to health certification is passing the Praxis Exam for Health Education.

## ***Additional Interest Areas***

### *Athletic Training*

To become a certified athletic trainer, one must pass the National Athletic Training Examination. Only persons with a degree in Athletic Training are eligible to take the exam. Missouri Southern **does not** offer a degree in Athletic Training; however, for students who desire to pursue athletic training at the graduate school level, we do offer a number of related courses.

### *Coaching*

In the State of Missouri, head and assistant coaches in all sports must be certified teachers or administrators. For the coaching requirements of another state, you will need to contact the state's governing agency. For students with an interest in coaching, we do offer a number of related courses. **These courses are not required and are considered electives.**

### *Physical Therapy*

For a list of accredited physical therapy programs and their admission requirements, go to [www.univsource.com/pt.htm](http://www.univsource.com/pt.htm) or [www.apta.org](http://www.apta.org)

### *Occupational Therapy*

For a list of accredited occupational therapy programs and their admission requirements, go to [www.univsource.com/ot.htm](http://www.univsource.com/ot.htm) or [www.aota.org](http://www.aota.org)

### *Medical School*

For an overview of medical school requirements go to <http://www.ama-assn.org/ama/pub/category/2371.html>

## Academic Integrity

Maintaining academic integrity is extremely important at Missouri Southern State University. The college strictly prohibits plagiarism, cheating, and other offenses to the integrity of the college. Academic work is evaluated on the assumption that the work presented is the student's own, unless designated otherwise.

The Kinesiology Department faculty agrees with the APA ethical principles and with the Student Handbook's definition of dishonesty. The handbook states that “. . . **cheating** includes, but is not limited to . . .”:

1. use of any unauthorized assistance in taking quizzes, tests, or examinations;
2. dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or carrying out other assignments;
3. the acquisition, without permission, of tests or other academic material before such material is revealed or distributed by the instructor;
4. the misrepresentation of papers, reports, assignments, or other materials as the product of a student's sole independent effort, for the purpose of affecting the student's grade, credit or status in the college;
5. failing to abide by the instructions of the proctor concerning test-taking procedures; examples include, but are not limited to, talking, laughing, failing to take a seat assignment, failing to adhere to starting and stopping times, or other disruptive activity;
6. influencing, or attempting to influence, any college official, faculty member, or employee responsible for processing grades, evaluating students, or for maintaining academic records, through the use of bribery, threats, or any other means of coercion in order to affect a student's grade or evaluation;
7. any forgery, alteration, unauthorized possession, or misuse of college documents pertaining to academic records. Alteration or misuse of college documents pertaining to academic records by means of computer resources or other equipment also included within this definition of **cheating**.

The Kinesiology Department faculty explicitly defines *cheating* to include:

1. Copying exam answers from another student.
2. Use of unauthorized notes during testing.
3. Copying another student's work partially or in total.

The Kinesiology Department faculty explicitly defines *plagiarism* to include:

1. Copying another's work and presenting it as one's own.
2. Using more than two or three words from a source without using quotes.
3. Paraphrasing by simply rearranging another's work.
4. Presenting a purchased paper as one's own work.

The Kinesiology Department procedure for dealing with cases of academic dishonesty is consistent with the policy for all faculty. There are two options that the faculty member may choose from:

1. Instructor responds to the situation informally, usually failing the student in the course. Appeals are heard within the department.
2. Instructor responds formally by using the campus judicial system. It is a very serious violation when the instructor files an incident report with the Dean of Students. Possible sanctions include written warning, disciplinary probation, suspension, or expulsion. Appeals are heard by the Student/Faculty Hearing Committee.

To assist you in citing sources used in writing your papers and to understand the nature of plagiarism and how to avoid it, refer to “Citing Sources and Avoiding Plagiarism: Documentation Guidelines” at the following website: <http://library.duke.edu/research/citing/>



## ADVISEMENT

Each student declaring Physical Education or Health Promotion as a major will be assigned an advisor from the Department of Kinesiology. If you have not yet been assigned an advisor, please see the departmental secretary. In consultation with the advisor, the student should discuss career interests and options and determine the degree plan best suited to the student's goals.

Although the **student is ultimately responsible** for the program outlined on the Degree Plan Sheet, regular (at least once/semester) discussions and meetings with the advisor are necessary to avoid graduation conflicts.

It is the student's responsibility to make appointments with his/her advisor well in advance of the deadline to: (1) pre-register for classes; (2) add and drop classes; (3) apply for Teacher Education and/or internships. It is also necessary to discuss any plans or desires to take courses elsewhere and transfer credit to Missouri Southern, including internet courses.



## Bachelor of Science in Education Physical Education (K-12)

<i>Courses</i>	<i>Semester Hours</i>
<b>Core Requirements</b>	<b>48</b>
Bio 201      Human Anatomy	4
Kine 113      Wellness for the Health Professional	2
Kine 114      Fitness Programming and Assessment	2
Kine 135      History and Philosophy of Physical Education	2
Kine 220      First Aid and Sport Safety	2
Kine 251      Lifetime Activities I	3
Kine 252      Lifetime Activities II	3
Kine 255      Dance and Recreational Pursuits	2
Kine 310      Theory & Technique of Elementary Physical Education I	3
Kine 312      Theory & Technique of Elementary Physical Education II	3
Kine 321      Theory & Technique of Secondary Physical Education	3
Kine 332      Theory & Technique of Movement and Rhythms	2
Kine 340      Motor Learning in Physical Education	2
Kine 342      Biomechanical Analysis of Movement	3
Kine 345      Tests and Measurements in Physical Education	2
Kine 355      Sports Academy Practicum	1
Kine 365      Psychological Aspects of Physical Education	2
Kine 366      Social Aspects of Physical Education	2
Kine 375      Adapted Physical Education	2
Kine 431      Physiology of Exercise	2
Kine 438      Applications in Physical Education	1
 <i>Professional Certification Requirements</i>	
Educ 280      Foundations of Educ. in Global Society (meets Area 5)	3
Educ 301      Use of Computer Software in the Classroom	3
Educ 302      The Exceptional Child	2
Educ 321      Microteaching	2
Educ 329      Pedagogical Theory, Methods and Practice	4
Educ 402      Historical & Philosophical Perspectives in Education	2
Educ 422      Content Area Literacy: Secondary	2
Educ 423      Classroom Management	2
Educ 432      Critical Issues in Education	2
Educ 464      Student Teaching: EL-SEC (K-12)	8
Psy 305      Child/Adolescent Development	4
Psy 310      Educational Psychology	2
<b>TOTAL</b>	<b>129</b>

## Suggested Order of Study Bachelor of Science in Education Physical Education K-12

### FRESHMAN

#### Fall Semester

Kine 113	Wellness for Health Prof.	2
Eng 101	English Composition I (WI)	3
Comm100	Oral Communication	3
Psy 100	General Psychology	3
Psy 120	College Orientation	1
CORE		<u>3</u>
		15

#### Spring Semester

Kine 114	Fitness Programming*	2
Eng 102	English Composition II *(WI)	3
Phys 100	Fund. of Physical Science	5
Kine 135	History & Philosophy of P.E.	2
CORE		<u>6</u>
		18

### SOPHOMORE

#### Fall Semester

Kine 251	Lifetime Activities I*	3
Kine 220	First Aid & Sport Safety	2
Bio 101	General Biology	4
Educ 280	Educ. in Global Society	3
CORE		<u>6</u>
		18

#### Spring Semester

Kine 252	Lifetime Activities II	3
Kine 255	Dance & Rec. Pursuits*	2
Psy 310	Educational Psychology*	2
Psy 302	Exceptional Child	2
Psy 305	Child/Adolescent Develop.	4
Bio 201	Human Anatomy	<u>4</u>
		17

### JUNIOR

#### Fall Semester

Kine 310	Theory/Tech. of Elem. P.E. I*	3
Kine 321	Theory/Tech. of Sec. P.E.*	3
Kine 332	Theory/Tech of Movement*	2
Kine 340	Motor Learning in P.E.*	2
CORE		<u>6</u>
		16

#### Spring Semester

Kine 312	Theory/Tech. of Elem. P.E. II*	3
Kine 345	Tests & Measurements in P.E.*	2
Kine 366	Social Aspects of P.E.*	2
Educ 329	Pedagogical Theory, Methods #	4
Educ 321	Microteaching #	2
Educ 423	Classroom Management #	2
CORE		<u>3</u>
		18

#### Summer Semester

Kine 355	Sports Academy Practicum	1
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### SENIOR

#### Fall Semester

Kine 365	Psychological Aspects of P.E.	2
Kine 375	Adapted Physical Education*(WI)	2
Kine 431	Physiology of Exercise*	2
Educ 301	Computer Software in Educ.	3
Educ 422	Content Area Literacy: Sec. (WI)	2
Kine 342	Biomechanical Analysis*	3
Kine 438	Applications in Physical Educ.	<u>1</u>
		15

#### Spring Semester

Educ 402	Hist. & Phil Perspectives @ (WI)	2
Educ 432	Critical Issues in Education @	2
Educ 464	Student Teaching K-12 @	<u>8</u>
		12

\* Note Prerequisite(s)

# Application for *Junior Block* one semester in advance and note criteria for admission

@ Application for *Professional Semester* one semester in advance and note criteria for admission

**MISSOURI SOUTHERN STATE UNIVERSITY  
DEPARTMENT OF KINESIOLOGY  
PHYSICAL EDUCATION DEGREE CURRICULUM**

NAME: \_\_\_\_\_ S.S.# \_\_\_\_\_  
(LAST) (FIRST) (MI)

ADDRESS: \_\_\_\_\_  
(STREET) (CITY) (STATE) (ZIP) (PHONE - LOCAL)

**WRITING INTENSIVE** – Five writing intensive courses are required of all baccalaureate degree candidates. Students transferring to MSSU with ≥ 30 hours will only be required to complete four writing intensive courses.

<u>CORE REQUIREMENTS</u>	<u>Hrs.</u>	<u>Completed</u>
ENG 101 English Composition <b>WI</b>	(3)	_____
ENG 102 or 111 Eng Comp <b>WI</b>	(3)	_____
COMM 100 Oral Communication	(3)	_____
MATH 125 or above	(3)	_____
Music, Art or Theater 110 2A	(3)	_____
Literature Elective 2B	(3)	_____
Humanities/Fine Arts Elective 2C	(3)	_____
BIO 101 General Biology	(4)	_____
PHYS 100 Fund of Physical Sci	(5)	_____
PSY 100 General Psychology	(3)	_____
HIST 110 American History	(3)	_____
HIST 120 American History	(3)	_____
PSC 120 Government	(3)	_____
ECON 180 American Economics System	(3)	_____
International Cultural Studies (5A)	(3)	<u>Educ 280</u>
PSY 120 Freshman Orientation	(1)	_____

<u>DEPARTMENT OF KINESIOLOGY REQUIREMENTS</u>	<u>Hrs.</u>	<u>Completed</u>
KINE 113 Wellness for the Health Prof.	(2)	_____
KINE 114 Fitness Prog/Assessment	(2)	_____
KINE 135 History & Philosophy P.E. (S)	(2)	_____
KINE 220 First Aid & Sport Safety	(2)	_____
KINE 251 Lifetime Activities I (F)	(3)	_____
KINE 252 Lifetime Activities II (S)	(3)	_____
KINE 255 Dance & Recreational Pursuits	(2)	_____
KINE 310 Theory/Tech Elem P.E. I (F)	(3)	_____
KINE 312 Theory/Tech Elem P.E. II (S)	(3)	_____
KINE 321 Theory/Tech Sec. P.E. (F)	(3)	_____
KINE 332 Theory/Tech Rhythms (F)	(2)	_____
KINE 340 Motor Learning	(2)	_____
KINE 342 Biomechanics	(3)	_____
KINE 345 Tests & Measurements	(2)	_____
KINE 355 Sports Academy Practicum (SU)	(1)	_____
KINE 365 Psych. Aspects of P.E. (F)	(2)	_____
KINE 366 Social Aspects of P.E. (S)	(2)	_____
KINE 375 Adapted P.E. <b>WI</b>	(2)	_____
KINE 431 Physiology of Exercise	(2)	_____

\* Note and follow all prerequisites as listed in the catalog.  
 Bio 201 is a prerequisite for Kine 342 and 431.

**Health Certification is highly recommended.**

**Grades of C or higher transfer; 30 of final 36 hours in residence at MSSU.**

- Grades of C or better are required for Missouri Certification.
- 12 hours maximum of correspondence courses.
- 40 hours minimum of upper division courses.
- 6 hours maximum of independent study. Must have a 3.0 GPA to take a course independent study.

<u>BIOLOGY / PSYCH REQUIREMENTS</u>	<u>Hrs.</u>	<u>Completed</u>
BIO 201 Human Anatomy	(4)	_____
PSY 305 Child/Adol. Development	(4)	_____
<b>PSY 310 Educational Psych</b>	<b>(2)</b>	_____

**DEPARTMENT OF EDUCATION REQUIREMENTS**

APPLICATION FOR ADMISSION TO TEACHER EDUCATION MUST BE FILED THE SEMESTER PRIOR TO JUNIOR BLOCK

EDUC 280 Education in a Global Society	(3)	_____
EDUC 301 Computer Software in Classroom	(3)	_____
EDUC 302 The Exceptional Child	(2)	_____

**JUNIOR BLOCK REQUIREMENTS**

- Successfully completed 55 hours
- Cumulative G.P.A. of 2.75
- Enhanced ACT composite of 20 or higher
- Pass all sections of the Missouri C-Base Test

**JUNIOR BLOCK**

EDUC 321 Microteaching	(2)	_____
EDUC 329 Ped. Theory, Methods & Practice	(4)	_____
EDUC 423 Classroom Management	(2)	_____
EDUC 422 Content Area Literacy <b>WI</b>	(2)	_____
(may be taken during Jr. Block or after)		
KINE 438 Applications in Physical Education	(1)	_____
(may be taken during Jr. Block or after)		

**PROFESSIONAL SEMESTER**

EDUC 402 Historical & Phil. Perspectives <b>WI</b>	(2)	_____
EDUC 432 Critical Issues	(2)	_____
EDUC 464 Student Teaching (K-12)	(8)	_____

*All candidates must submit an approved portfolio, pass the Praxis II Exam and complete an exit interview. For Oklahoma, Kansas, and Arkansas certification, see the certification officer in the Dean's Office.*

# Bachelor of Science in Health Promotion and Wellness

<i>Courses</i>	<i>Semester Hours</i>
<b>Core Requirements</b>	<b>50</b>
<b><i>Kinesiology Requirements</i></b>	<b>41</b>
Kine 113 Wellness for the Health Professional	2
Kine 114 Fitness Programming and Assessment	2
Kine 220 First Aid and Sport Safety	2
Kine 251 Lifetime Activities I	3
Kine 292 Fitness and Weight Training	2
Kine 295 Orientation to Health Promotion and Wellness	1
Kine 305 Aging and Health	2
Kine 340 Motor Learning	2
Kine 342 Biomechanical Analysis of Movement	3
Kine 345 Tests and Measurements in Physical Education	2
Kine 352 Administration in Health Promotion	3
Kine 375 Adapted Physical Education	2
Kine 385 Nutrition for Human Development	3
Kine 395 Practicum in Wellness	2
Kine 431 Physiology of Exercise	2
Kine 432 Physiology of Exercise Laboratory	2
Kine 495 Internship in Wellness	6
<b><i>Supporting Requirements</i></b>	<b>13</b>
Bio 201 Human Anatomy	4
Cis 105 Introduction to Microcomputer Use	3
Psy 221 Psychology of Personal Adjustment	3
GB 320 Business Communications	3
<b><i>Supporting Electives</i></b>	<b>20</b>
MM 300 Principles of Marketing	3
MM 350 Fundamental of Organizational Management	3
MM 352 Human Resource Management	3
MM 441 Organizational Behavior	3
Psy 282 Applied Behaviorism	3
Psy 320 Applied Statistics *	3
Bio 301 Human Physiology *	4
Chem 101 General Chemistry I *	5
Chem 102 General Chemistry II *	5
Phys 152 College Physics II *	4
Approved Elective(s)	5

\* Courses needed to pursue the clinical track.

**NOTE:** Students in the Health Promotion and Wellness Program must take Math 140 Algebra /Trigonometry for the Core Curriculum requirements. A minimum of 124 hours are required for graduation.

## Suggested Order of Study Bachelor of Science in Health Promotion and Wellness

### FRESHMAN

#### Fall Semester

Kine 113	Wellness for Health Prof.	2
Eng 101	English Composition I (WI)	3
Comm100	Oral Communication	3
Psy 100	General Psychology	3
Psy 120	College Orientation	1
CORE		<u>3</u>
		15

#### Spring Semester

Kine 114	Fitness Programming*	2
Eng 102	English Composition II *(WI)	3
Comp 105	Intro to Microcomputer Use	3
Econ 180	American Economics System	3
CORE		<u>6</u>
		17

### SOPHOMORE

#### Fall Semester

Kine 251	Lifetime Activities I*	3
Kine 220	First Aid & Sport Safety	2
Bio 101	General Biology	4
Psy 212	Psych of Personal Adjustment*	3
Kine 295	Orientation to Health Prom.	1
Kine 255	Theory/Tech of Dance/Exercise*	2
CORE		<u>3</u>
		18

#### Spring Semester

Kine 352	Administration in H.P. *	3
Kine 292	Fitness/Weight Training	2
Bio 201	Human Anatomy	4
Phys 100	Fund of Physical Science	
OR		
Phys 151	Elementary College Physics I	5
Elective(s)		<u>3-5</u>
		17-19

### JUNIOR

#### Fall Semester

Math 140	Algebra and Trigonometry	5
Kine 375	Adapted P.E. (WI)	2
Kine 340	Motor Learning	2
Kine 385	Nutrition for Human Development	3
Elective		3
CORE		<u>3</u>
		18

#### Spring Semester

Kine 305	Aging and Health*	2
Kine 342	Biomechanical Analysis*	3
Kine 345	Tests & Measurements in P.E.*	2
GB 320	Business Communication*(WI)	3
Kine 395	Practicum in Wellness*	2
CORE and Elective		<u>6</u>
		18

### SENIOR

#### Fall Semester

Kine 431	Physiology of Exercise	2
Kine 432	Physiology of Exercise Lab	2
CORE		3
Electives		<u>9-11</u>
		16-18

#### Spring Semester

Kine 495	Internship in Wellness*	6
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\* Note Prerequisite(s)

Clinical Track: \_\_\_\_\_ Non-clinical Track: \_\_\_\_\_

**MISSOURI SOUTHERN STATE UNIVERSITY  
DEPARTMENT OF KINESIOLOGY  
HEALTH PROMOTION AND WELLNESS CURRICULUM**

NAME: \_\_\_\_\_ S.S.# \_\_\_\_\_  
(LAST) (FIRST) (MI)

ADDRESS: \_\_\_\_\_  
(STREET) (CITY) (STATE) (ZIP) (PHONE - LOCAL)

**WRITING INTENSIVE** – Five writing intensive courses are required of all baccalaureate degree candidates. Students transferring to MSSU with ≥ 30 hours will only be required to complete four writing intensive courses.

<u>CORE REQUIREMENTS (50)</u>	<u>Hrs.</u>	<u>Completed</u>
ENG 101 English Composition <b>WI</b>	(3)	_____
ENG 102 or 111 Eng Comp <b>WI</b>	(3)	_____
COMM 100 Oral Communication	(3)	_____
MATH 140 Algebra and Trig	(5)	_____
Music, Art or Theater 110 2A	(3)	_____
Literature Elective 2B	(3)	_____
Humanities/Fine Arts Elective 2C	(3)	_____
BIO 101 General Biology	(4)	_____
PHYS 100 Fund of Physical Science	(5)	_____
OR		
*PHYS 151 College Physics I	(5)	_____
PSY 100 General Psychology	(3)	_____
HIST 110 American History	(3)	_____
HIST 120 American History	(3)	_____
PSC 120 Government	(3)	_____
ECON 180 American Economics System	(3)	_____
International Cultural Studies Elective	(3)	_____
PSY 120 Freshman Orientation	(1)	_____

<u>DEPARTMENT OF KINESIOLOGY REQUIREMENTS (41)</u>	<u>Hrs.</u>	<u>Completed</u>
KINE 113 Wellness for the Health Prof.	(2)	_____
KINE 114 Fitness Prog/Assessment	(2)	_____
KINE 220 First Aid and Sport Safety	(2)	_____
KINE 251 Lifetime Activities I (F)	(3)	_____
KINE 292 Fitness and Wt. Training	(2)	_____
KINE 295 Orientation to H.P./Wellness	(1)	_____
KINE 305 Aging and Health (S)	(2)	_____
KINE 340 Motor Learning	(2)	_____
KINE 342 Biomechanics	(3)	_____
KINE 345 Tests & Measurements	(2)	_____
KINE 352 Administration in H.P.	(3)	_____
KINE 375 Adapted P.E. <b>WI</b>	(2)	_____
KINE 385 Nutrition for Human Dev.	(3)	_____
KINE 395 Practicum in Wellness	(2)	_____
KINE 431 Physiology of Exercise	(2)	_____
KINE 432 Physiology of Exercise Lab	(2)	_____
KINE 495 Internship in Wellness	(6)	_____

*Note and follow all prerequisites. Bio 201 is a prerequisite for Kine 342, 431, and 432. Math 140 is a prerequisite for PHYS 151. Econ 180 is a prerequisite for MM300.*

- Cumulative GPA of 2.50 for all college courses prior to

- Admission into KINE 495, Internship in Wellness.
- Five writing intensive courses required for graduation. Eng 101, Eng 102, two of remaining three must be upper division.
- 40 hours minimum of upper division courses.
- Must have a 3.0 G.P.A. to take a course independent study.

**SUPPORTING REQUIREMENTS (13)**

<u>Hrs.</u>	<u>Completed</u>
CIS 105 Intro Micro Use	(3) _____
PSY 221 Psych of Personal Adj.	(3) _____
BIO 201 Human Anatomy	(4) _____
GB 320 Business Communications <b>WI</b>	(3) _____

**SUPPORTING ELECTIVES (20)**

<u>Hrs.</u>	<u>Completed</u>
MM 300 Principles of Marketing	(3) _____
MM 350 Fund. of Org. Management <b>WI</b>	(3) _____
MM 352 Human Resource Management	(3) _____
MM 441 Organizational Behavior	(3) _____
PSY 282 Applied Behaviorism (F)	(3) _____
*PSY 320 Applied Statistics	(3) _____
*BIO 301 Human Physiology (F)	(4) _____
*CHEM 101 General Chemistry I	(5) _____
*CHEM 102 General Chemistry II	(5) _____
*PHYS 152 College Physics II (S)	(4) _____
_____ Approved Elective	(5) _____

*Choose the elective courses that are appropriate to your career interest area.*

*\* Courses recommended for students pursuing the clinical track*

**124 hours minimum required for graduation**

**APPLICATION FOR INTERNSHIP, KINE 495, MUST BE FILED WITH MARTY CONKLIN AT LEAST ONE SEMESTER PRIOR TO THE EXPERIENCE TO RECEIVE DEPARTMENTAL ENDORSEMENT.**

**FILING DEADLINES: 1<sup>st</sup> week of November for Spring intern.  
1<sup>st</sup> week of April for Fall or Summer internship.**

**A MINIMUM OF 400 HOURS IS REQUIRED FOR THE INTERNSHIP EXPERIENCE.**

**ALL COURSE WORK MUST BE COMPLETED PRIOR TO BEGINNING THE INTERNSHIP.**

**MANAGEMENT MINOR**

Hrs.      Completed

(Non-BSBA degree candidates)

**Choose two:**

ACCT 201 Principles of Acct. I	(3)	_____
ECON 180, 201, or 202	(3)	_____
GB 320 Business Communications <b>WI</b>	(3)	_____
GB 321 Business Statistics I	(3)	_____

**Required:**

MM 350 Fund. of Org. Management <b>WI</b>	(3)	_____
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**Choose four:**

MM 337 Management Info Systems	(3)	_____
MM 352 Human Resource Mgmt	(3)	_____
MM 354 Quality Management	(3)	_____
MM 411 Labor and Employment Law	(3)	_____
MM 431 Operations Management (F)	(3)	_____
MM 441 Organizational Behavior	(3)	_____
MM 450 The Psy of HRM (Demand)	(3)	_____
IB 410 International Management	(3)	_____

**Total hours for minor in Management: 21**

# PROFESSIONALISM

## **1. Classroom Behavior**

The goal of our faculty is to adequately prepare physical educators and health promotion professionals for positions. We want to be proud of our product and hope that our students will represent our department and college well as they begin their professional careers. We believe that professionalism begins in the classroom. You are expected to:

- Regularly attend class
- Be on time for class
- Be prepared
- Be attentive and participate
- Be prompt in completing and turning in assignments
- Dress appropriately
- Be dependable

In addition to the above qualities, the Kinesiology faculty has agreed to the following policies:

- No late assignments will be accepted.
- Habitual tardiness may be counted as an absence.
- Six unexcused absences may result in your being dropped from the course.

## **2. Dress Code Policy**

Your appearance in class reflects your pride in our department. The faculty agree on the following dress guidelines:

- No t-shirts that advertise alcohol, tobacco, drugs, or display inappropriate language should be worn.
- No caps or hats should be worn in a classroom.

When dressed for activity:

- Try to wear school colors as often as possible . . . green, white, gold, gray
- No jeans or cut-off jean shorts
- No cut-off sweats
- Wear tennis shoes and socks

## **3. Organizations**

Membership in professional organizations and the establishment of professional affiliations are important for young professionals. Membership will facilitate the development of professional contacts. It provides the opportunity to update one's skills and knowledge through continuing education programs, workshops, and conventions.

### **a. K-Club (Kinesiology Club)**

***Who can join K-Club?***

- Any student studying in the Kinesiology department

***Why should I join K-Club?***

- Professional growth
- Enhance resume
- Get involved with campus activities
- Promote healthy lifestyles and quality Physical Education
- Fun & Fellowship
- Attend State, District & National Conventions

***How do I join K-Club?***

- Each year the current officers will conduct a membership drive. Student membership dues are \$20.00/year, which includes membership in our state organization (MOAHPERD).

**b. MOAHPERD (Missouri Association for Health Physical Education, Recreation, and Dance)**

***Mission:*** MOAHPERD is a professional organization structured for the purpose of supporting, encouraging, and providing assistance to initiate and conduct programs in health, physical education, and movement related activities for the enrichment of human life. Plan to attend the annual convention held in Mid-November. There will be sessions in several areas of interest, including:

- |                                 |                                  |
|---------------------------------|----------------------------------|
| ➤ Adapted                       | ➤ Health                         |
| ➤ Athletics                     | ➤ Outdoor/Experiential Education |
| ➤ College                       | ➤ Research                       |
| ➤ Dance                         | ➤ Technology                     |
| ➤ Elementary physical education | ➤ Secondary physical education   |

Joining MOAHPERD will enable you to share knowledge and expertise with others in the profession and assist in improving health and movement related programs for students and schools in Missouri. The strength of any profession lies in the quality, dedication, expertise, and enthusiasm of the individuals of the profession.  
<http://www.moahperd.org/>

**c. AAHPERD (American Alliance for Health Physical Education Recreation and Dance)**

***Mission:*** AAHPERD is an educational organization designed to support, encourage, and provide assistance to member groups and their personnel nationwide as they initiate, develop, and conduct programs in health, leisure, and movement-related activities. AAHPERD seeks to:

- Encourage, guide, and support professional growth and development in health, leisure, and movement-related programs based on individual needs, interests, and capabilities.

- Communicate the importance of health, leisure, and movement-related activities as they contribute to human well-being.
- Encourage and facilitate research which will enrich health, leisure, and movement-related activities, and disseminate the findings to professionals and the public.
- Develop and evaluate standards and guidelines for personnel and programs in health, leisure, and movement-related activities.
- Coordinate and administer a planned program of professional, public, and government relations that improves education in areas of health, leisure, and movement-related activities.

***Membership Dues:***

Students may join AAHPERD for annual dues of \$30. Members receive JOPERD, the Journal of Physical Education, Recreation & Dance, which is published monthly. AAHPERD's annual convention is held in March.

<http://www.aahperd.org>

**d. ACSM (American College of Sports Medicine)**

<http://www.acsm.org>

**e. NSCA (National Strength and Conditioning Association)**

<http://www.nasca-lift.org>

**f. NAHF (National Association for Health and Fitness)**

<http://www.physicalfitness.org>

**g. NWA (National Wellness Association)**

<http://www.nationalwellness.org>

**h. NATA (National Athletic Training Association)**

<http://www.nata.org>

**i. NIRSA (National Intramural/Recreational Sports Association)**

<http://www.nirsa.org>

#### **4. Certifications**

Certification programs offered by professional organizations ensure that individuals who receive certification have the necessary skills and knowledge to competently plan and administer programs. Pursuing certifications can greatly increase your professional marketability. They serve to enhance your credentials and assist you as you seek a position. Information about certification can be obtained via the Web. Below is a list of the most common certifications available in the health and fitness-related discipline:

- ***ACSM (American College of Sports Medicine)***  
Certifies and qualifies professionals as Exercise Specialists; Program Directors; Exercise Leaders/Aerobics; Health/fitness Instructors; Health/Fitness Directors; Personal Trainers; and Exercise Test Technologists. To access online applications for ACSM certification workshops, go to [www.acsm.org/certification/getcertified.htm](http://www.acsm.org/certification/getcertified.htm).

- ***NATA (National Athletic Trainer Association)***  
Provides a certification program that is widely used as an entrance criterion to jobs as athletic trainers. To access NATA certification examination sites and dates, go to [www.bocatac.org/becomeatc/EXAMDATES/](http://www.bocatac.org/becomeatc/EXAMDATES/)
- ***CPR and First Aid Instructor***  
Certification enables one to teach CPR or first aid in a corporate fitness center.
- ***YMCA (Young Men's Christian Association)***  
Offers certification as Basic Fitness Leader; Fitness Specialist; and Advanced Exercise Specialist.
- ***ACE (American Council on Exercise)***  
Offers certification as Personal Trainer; Group Fitness Instructor; and Lifestyle & Weight Management Consultant.  
<http://www.acefitness.org>
- ***AFAA (Aerobics and Fitness Association of America)***  
Certification programs include Primary Aerobic Instructor; Personal Trainer/Fitness Counselor; Weight Training; Step Certification; and Emergency Response.  
<http://www.afa.com>
- ***NSCA (National Strength and Conditioning Association)***  
Offers certification as Certified Strength and Conditioning Specialists and Certified Personal Trainer. To access online applications for NSCA certification workshops, go to [www.nscacc.org/](http://www.nscacc.org/)
- ***The Cooper Institute. Dallas, Texas***  
Provides several exercise-related training and certifications including Personal Trainer, Aerobics Instructor, Biomechanics of Resistance Training, Fitness Specialist for Older Adults, Special Populations, Martial Arts, Indoor Cycling, Aquatics, Health Promotion Director, Dietary Guidance.  
<http://www.cooperinst.org>
- ***DESE (Missouri Department of Elementary and Secondary Education)***  
Contact for Health Certification course requirements.  
<http://www.dese.mo.gov>
- ***NCPERID (National Consortium for Physical Education and Recreation for Individuals with Disabilities)***  
Offers certification as Certified Adapted Physical Educator.  
<http://www.uwlax.edu/sah/ncperid/>

## **5. Additional Career Options:**

- ***Physical Therapy.*** For a list of accredited physical therapy programs and their admission requirements, go to [www.univsource.com/pt.htm](http://www.univsource.com/pt.htm) or [www.apta.org](http://www.apta.org)

- **Occupational Therapy.** For a list of accredited occupational therapy programs and their admission requirements, go to [www.univsource.com/ot.htm](http://www.univsource.com/ot.htm) or [www.aota.org](http://www.aota.org)
- **Medical School.** For an overview of medical school requirements go to <http://www.ama-assn.org/ama/pub/category/2371.html>
- **Allied Health.** For a listing of careers in, including educational programs, salary ranges, accrediting agencies, go to [www.ama-assn.org/ama/pub/category/10481.html](http://www.ama-assn.org/ama/pub/category/10481.html)

## 6. Additional Opportunities/Experiences

### a. Children's Lifetime Sports Academy

Missouri Southern physical education and health promotion majors are asked to serve as leaders, counselors, and instructors during the *Lifetime Sports Academy* held each summer. The goal of the academy is to teach the skills and to promote the appreciation of selected lifetime activities . . . bowling, golf, disc games, rhythms, fishing, canoeing, and racquet sports to area children. Effective with the 2002-2003 catalog, Physical Education majors will be required to enroll in the Academy (Kine 355) for credit once during their academic program.

### b. Health Fair

Missouri Southern physical education and health promotion majors have the opportunity to take an active role in the faculty, staff, and student health fair held annually at the college. Participation includes fitness screenings and assessments as well as data analysis.

### c. Health Resource Fair

Physical education and health promotion majors are provided the opportunity to display recent health education materials at the Health Resource Fair held annually on the campus of Missouri Southern State University. Area educators are invited to preview health education materials, including videos, curriculum guides, etc. It is also an excellent opportunity to network with teachers and access numerous resource materials.

### d. Health Education and Resource Training (H.E.A.R.T.) Laboratory

One component of the Southwest Missouri Health and Physical Education Goals 2000 Grant is the Health Education and Resource Training Lab located on the campus of Missouri Southern State University. The Joplin location affords health educators from a four-state region the opportunity to utilize teaching materials available in the laboratory. Teachers from a diverse area, who teach a diverse student population, can develop and implement health enhancement activities throughout the schools. It serves as an excellent and readily available resource for our physical education and health promotion majors.

# Application for Membership Kinesiology Club (K-Club)

Name \_\_\_\_\_ Gender \_\_\_\_\_ Year in School \_\_\_\_\_ Major \_\_\_\_\_

School Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Voice Mailbox \_\_\_\_\_

Permanent Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail Address \_\_\_\_\_

Areas of interest or ideas for programs \_\_\_\_\_

Extra Curricular Activities: \_\_\_\_\_

### Membership Dues:

<i>Student</i>		<i>Faculty</i>	
\$5.00	Local Club Dues	\$ 5.00	
\$15.00	MOAHPERD Dues	\$35.00	
\$20.00	Total	\$40.00	

*Make checks payable to: K-Club*

### National AAHPERD Dues (Optional)

\$125.00	Professional (faculty)
\$ 45.00	Undergraduate
(Includes subscription to Update Newsletter and one periodical)	

*Make checks payable to: AAHPERD*

### Membership Application to MOAHPERD (Missouri Association for Health, Physical Education, Recreation and Dance) Website: [www.moahperd.org](http://www.moahperd.org)

Name \_\_\_\_\_ Permanent Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_ County in which you live \_\_\_\_\_

School: Missouri Southern State University District: Southwest Code: G

Membership Status: New \_\_\_\_\_ Renewal \_\_\_\_\_ AAHPERD Member? Yes \_\_\_ No \_\_\_

#### Check Appropriate Category:

- \_\_\_\_\_ Professional (\$35.00)
- \_\_\_\_\_ Student (\$15.00)

#### Teaching/Interest Area (check one):

- \_\_\_\_\_ Physical Education (1)
- \_\_\_\_\_ Health (2)
- \_\_\_\_\_ P.E. / Health (3)
- \_\_\_\_\_ P.E. / Athletics (4)
- \_\_\_\_\_ Dance (5)
- \_\_\_\_\_ Adapted (6)
- \_\_\_\_\_ Other (7)

**Convention Registration Fee: Professionals \$100.00 / Future Professionals \$30.00**

## Professional Journals Available in Spiva Library

Please take advantage of the valuable references in our library for your assignments, papers, and projects. In addition to the journals listed below, there are numerous books available in our discipline. *Our faculty will be happy to assist you with resources **after** you have searched the library.*

- ACSM's Health and Fitness Journal
- Adapted Physical Activity Quarterly
- American Journal of Education
- American Teacher
- Athletic Business
- Coach and Athletics Director
- Dance Magazine
- Exceptional Children
- Health
- International Journal of Sport Nutrition and Exercise Metabolism
- Journal of Aging and Physical Activity
- Journal of Applied Biomechanics
- Journal of Athletic Training
- Journal of Health Education
- Journal of Learning Disabilities
- Journal of Motor Behavior
- Journal of Nutrition Education
- Journal of Physical Education, Recreation, and Dance
- Journal of School Health
- Journal of Sport and Exercise Psychology
- Journal of Sport History
- Journal of Sports Medicine and Physical Fitness
- Journal of Teacher Education
- Journal of Teaching in Physical Education
- Medicine and Science in Sports and Exercise
- Mental Retardation
- Nutrition Today
- Perceptual and Motor Skills
- Physical Educator
- Physical Therapy
- Physician and Sportsmedicine
- Quest
- Research Quarterly for Exercise and Sport
- Runner's World
- Sociology of Sport Journal
- Sport
- Strategies
- Teaching Elementary Physical Education
- Therapeutic Recreation Journal
- Track and Field News
- Women's Sports and Fitness

## Teacher Education Guidelines

After a student declares a major in education, there are *two levels* of admission to the teacher education program: (1) tentative formal admission and (2) formal admission

### *Application for tentative formal admission*

Applications for tentative formal admission to the teacher education program may be filed with the Dean of the School of Education after the student has declared an education major and successfully completed 55 semester hours of prescribed course work. The deadline for application is early in February for those seeking formal admission in the subsequent fall semester. The deadline for application for those seeking admission in the spring semester is the first of October.

Students must have *tentative formal admittance* before courses can be taken in professional education. Courses with an EDUC prefix cannot be taken until the Junior Block (Educ 329, 321, & 423) has been completed, except for Educ 302, which may be taken at any time. Educ 301 must be taken before or concurrently with the Junior Block. Educ 422, Content Area Literacy may be taken with the Junior Block classes or the semester following.

Qualifications for *tentative formal admission* include the following:

- Submit a completed application that is signed by the student's advisor.
- Have a cumulative GPA of 2.75 in all course work. All students in education must maintain a cumulative GPA of 2.5 in their teaching areas, e.g. physical education.
- Pass all sections of the Missouri C-Base Test with a minimum score of 235. (This test is not required of post baccalaureates.)
- Have a composite ACT enhanced score of 20 or an SAT (VM) of 800.
- Completion of the Human Relations Incident (HRI) form.
- Submit a faculty recommendation form completed by an MSSU faculty member.
- Convicted felons must identify themselves by so indicating on the application for admission form. Upon identification the candidate will need to make certain documents and information available to the Admissions and Retention Committee of the Teacher Education Program, i.e., conviction status, probation information, recommendations from court and public officials associated with the conviction. This process must be repeated when application is made for student teaching. There is a process that must be followed before consideration is given for certification in the State of Missouri. Failure to identify oneself will cause the candidate to be removed from the program at once.

When candidates attain these qualifications, they will receive *tentative formal admission* to the teacher education program and subsequent notification.

### *Formal admission*

Formal admission to the teacher education program is granted after the student successfully completes the eight credit hour Junior Block: Educ 329, Pedagogical Theory, Methods, and Practices; Educ 321, Microteaching; and Educ 423, Classroom Management. The candidate must be recommended by the instructors of these courses. The candidate must maintain a cumulative GPA

of 2.75. If at any point in the program a student's GPA drops below accepted levels, the candidate will be dismissed from the teacher education program.

Grades below a "C" in professional education courses will not be accepted for the degree requirements in teacher education.

Candidates qualifying for *formal admission* to the program will be notified in writing. The date of formal admission will be entered on the candidate's record by the Registrar. Candidates who have not met the criteria will also be notified and corrective measures suggested.

### *Admission to Student Teaching*

The student teaching program is intended for students who have met all of the requirements for student teaching at Missouri Southern State University. Requirements that must be met prior to admission to student teaching are:

- Be fully admitted to the teacher education program.
- Have a cumulative GPA of 2.75.
- Have all previous course work completed at the time of student teaching.
- Have a completed application for student teaching on file at least one semester prior to the student teaching semester.
- Have a grade of "C" or better in each professional education course.
- Have an approved typewritten autobiography on file. The autobiography must consist of two or more paragraphs.

### *Graduation Requirements*

In order to graduate from the Teacher Education Program, the candidate must successfully complete the following exit requirements, in addition to all other academic requirements of the University:

- Demonstrate mastery of pedagogical knowledge and skills included in the 11 standards which are required of all teacher education students.
- Submit a portfolio of the candidate's work in the teacher education program for faculty assessment.
- Have a cumulative GPA of 2.75 or higher.
- Have a cumulative GPA of 2.5 or higher in the teaching specialty area.
- Pass the Teaching Specialty Exam, currently the ETS PRAXIS II Series.
- Successfully complete student teaching requirements.
- Complete the exit interview.
- Clear the state required background check.
- Be eligible for current Missouri teacher certification.

# Health Promotion Internship Guidelines

## *Philosophy of the Internship*

It is imperative that each Health Promotion and Wellness major receive extensive exposure to the professional field. The *internship* is a catalyst to assist the student in relating textbook knowledge and classroom discussions with the actual, practical job experience. Most entry level jobs in this profession are gained by experience. The *internship* can help the student to build professional experience and enhance a resume.

## *Requirements for Enrolling in Kine 495, Internship in Wellness*

The student must have completed all course work and have a cumulative GPA of at least 2.5 prior to admission into Kine 495. Application must be made at least one semester prior to the experience to receive departmental endorsement. Filing deadlines are November 1 for a Spring internship and April 1 for a Fall or Summer internship. **Please see Marty Conklin, director of internships, for your *Internship in Wellness Handbook*.** The handbook includes the objectives of the internship as well as the responsibilities of the student, the university supervisor, and the agency supervisor. A contract with the agency, weekly logs, and evaluation forms are also included. **You should read and understand all guidelines in the handbook.**

## *Selecting an Agency for Your Internship Experience*

Students are encouraged to exercise their freedom in selecting the agency with which they do their internship. It is recommended that you investigate and research potential agencies in or near your hometown. The summer is an ideal time to complete your internship experience. Make an effort to select an agency that may interest you upon graduation. Contact the supervisor of the agency seeking his/her permission to do an internship. Meet with the university supervisor and/or faculty advisor to discuss your internship interests and to receive approval.

## *Following Completion of the Internship Experience*

To fulfill all requirements for the Kine 495 course, students must complete a portfolio and make a formal presentation of their internship experience to a faculty committee.



## ***KINESIOLOGY COMPUTER LAB***

***LAB LOCATION:*** Young Room 103

***LAB HOURS:*** Monday – Friday 8:00 a.m. – 5:00 p.m.

*If the door is locked or if you experience a problem with a computer, printer, or software, contact the Kinesiology Office, Y212*

***THE LAB IS AN ACADEMIC COMPUTER LAB, PRIORITY IS GIVEN TO:***

1. Homework assignments
2. Internet Access (Academic Research)
3. Internet Access (e-mail)
4. Surfin' the Web and Games\*

\*During peak usage, you may be asked to give up your computer.

### **COMPUTER LAB POLICIES:**

- The Department of Kinesiology will assume maintenance and repair costs for the computers and printers. **Students must provide printer paper.**
- Save your work on your own disk using the “Save As” command. **DO NOT** save any work to the hard drive. (It will be deleted from the hard drive).
- No food, drink, or tobacco use of any kind.
- Recognize and follow the above listed lab priorities.
- All lab materials are the property of MSSU and should remain in the room. This includes books, magazines, and journal articles.

***PLEASE KEEP THE LAB IN PRESENTABLE CONDITION.***

***IT IS YOUR LAB, PROVIDED TO ENHANCE YOUR EDUCATION.***

*MSSU's academic computing facilities are provided in order to promote and support academic pursuits. Academic computing facilities are therefore to be used only for instruction and research activities. Listed in the computer lab are certain responsibilities and the ethical behavior expected of you as a computer user. In addition, since we are members of the MOREnet Consortium all computer users at MSSU are bound by their acceptable use policy, which can be viewed in the lab.*



## KINESIOLOGY FACULTY

### **Patsy K. Lipira**

Associate Professor, 1981  
Head, Department of Kinesiology  
Bachelor's (B.S.E.), Northwest Missouri State Univ.  
Master's (M.S.), Kansas State University  
Doctorate (Ed.D.), University of Arkansas  
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### **Sallie L. Beard**

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### **Sheri L. Beeler**

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### **C. Martin Conklin**

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### **Robert L. Corn**

Instructor, 1989  
Head Men's Basketball Coach  
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### **Bryce D. Darnell**

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### **Daryl Daye**

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### **Jean M. Hobbs**

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### **Ronda L. Hubbard**

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Doctoral studies, University of Mo-Kansas City  
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### **Matt J. Karleskint**

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### **Maryann Mitts**

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### **Michael S. Mutz**

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Master's (M.A.), Southern Illinois University  
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### **Aron A. Potter**

Instructor, 2005  
Head Softball Coach  
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Master's (M.S.), Central Missouri State University  
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### **Ronnie J. Ressel**

Instructor, 2002  
Assistant Men's Basketball Coach  
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Master's studies, William Woods University  
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**Tom C. Rutledge**

Assistant Professor, 1988  
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Bachelor's (B.S.E.), Quachita Baptist University  
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**Bart A. Tatum**

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Master's (M.S.), Austin College  
Master's (M.A.), Austin College  
Doctorate (Ed.D.), University of MO-Columbia  
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**John D. Tatum**

Instructor, 2006  
Assistant Football Coach  
Bachelor's (B.S.E.), Texas A&M  
Master's (M.S.), Northwest Missouri State Univ.  
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**Patricia D. Vavra**

Assistant Professor, 1994  
Head Women's Cross Country/Track and Field Coach  
Bachelor's (B.S.E.), Missouri Southern State Univ.  
Master's (M.S.), Pittsburg State University  
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**Chris D. Willis**

Instructor, 2004  
Head Volleyball Coach  
Bachelor's (B.S.), Baylor University  
Master's (M.S.), University of Tennessee  
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**David H. Wright**

Instructor, 2005  
Assistant Softball Coach  
Bachelor's (B.S.E.), Central Missouri State University  
Master's (Administration), Southwest Mo. State Univ.  
Specialist (Administration), Central Mo. State Univ.  
Wright-D@mssu.edu

## PHONE DIRECTORY

### **KINESIOLOGY FACULTY**

**625-XXXX**

<i>Brenda Hayes, Secretary</i> . . . . .	9316
<i>Sallie Beard</i> . . . . .	9574
<i>Sheri Beeler</i> . . . . .	9544
<i>Marty Conklin</i> . . . . .	9337
<i>Robert Corn</i> . . . . .	9330
<i>Bryce Darnell</i> . . . . .	9312
<i>Daryl Daye</i> . . . . .	9874
<i>Jean Hobbs</i> . . . . .	9745
<i>Ronda Hubbard</i> . . . . .	9753
<i>Matt Karleskint</i> . . . . .	9689
<i>Pat Lipira</i> . . . . .	9573
<i>Maryann Mitts</i> . . . . .	9581
<i>Mike Mutz</i> . . . . .	9568
<i>Aron Potter</i> . . . . .	9873
<i>Ronnie Ressel</i> . . . . .	9701
<i>Tom Rutledge</i> . . . . .	9554
<i>Bart Tatum</i> . . . . .	9358
<i>John Tatum</i> . . . . .	9361
<i>Patty Vavra</i> . . . . .	3063
<i>Chris Willis</i> . . . . .	9705
<i>David Wright</i> . . . . .	9576

### **CAMPUS**

**625-XXXX**

<i>Admissions</i> . . . . .	3152
<i>Bookstore</i> . . . . .	9380
<i>Education Department</i> . . . . .	9314
<i>Financial Aid</i> . . . . .	9325
<i>Health Center</i> . . . . .	9323
<i>Kinesiology Department</i> . . . . .	9316
<i>Learning Center</i> . . . . .	9373
<i>Library</i> . . . . .	9386
<i>Pool/Racquetball/Intramural</i> . . . . .	9390
<i>Registrar</i> . . . . .	9389
<i>Student Life Center</i> . . . . .	4461
<i>Ticket Office</i> . . . . .	9366

**EMERGENCY NUMBERS**

*All Emergency Calls* ..... 911/8911(on campus)  
*Ambulance* ..... 911  
*Fire Department* ..... 623-0403  
*Freeman Hospital* ..... 623-2801  
*Missouri Southern Security* ..... 626-2222/2222  
*Police Department* ..... 623-3131  
*Poison Control* ..... 625-2305  
*St. John's Hospital* ..... 781-2727

