

To Sign Up:

Name: _____

Address: _____

Phone: _____

Email: _____

T-Shirt Size: (Please Circle)

- | | |
|--------------|---------------|
| Youth Small | Adult Small |
| Youth Medium | Adult Medium |
| Youth Large | Adult Large |
| | Adult X-Large |



Hitting Camp _____ x \$45 = _____

Pitching Camp _____ x \$55 = _____

All Day Discount \$10 _____

Total Cost \$ _____

Registration is due November 20, 2009.

**Any registration accepted after 11/20
are not guaranteed a T-Shirt.**

You will receive a confirmation letter with complete details
after we receive your registration form and deposit.

Missouri Southern State University
c/o Softball Office
3950 East Newman Rd
Joplin, Missouri 64801

Missouri Southern Softball

WINTER

Camp



December 5
HITTING
9 AM - 12 PM

PITCHING
1 PM - 4 PM

WINTER CAMP: Indoor Instruction:

The goal of the Missouri Southern State University Winter Softball Camp is to improve on offensive and pitching skills of participants when the weather does not want to cooperate.

Head Softball Coach, Bill Gray will be the lead instructor of both the hitting and pitching camps. Coach Gray will be assisted by members of the MSSU coaching staff and MSSU players. Hitting instruction will include tips on proper stance, the mechanics of the swing, and short game instruction including bunting and slapping.

Pitching instruction will include proper snaps and body position, practice techniques for each pitch, and game related pitching strategies.

Camp will be held in Young Gymnasium on campus unless we get unseasonably warm weather and it can held on the fields on campus.

Send Registration to:

Missouri Southern State University
c/o Softball Office
3950 East Newman Rd
Joplin, Missouri 64801

HITTING CAMP

Hitting camp will be broken down into basic and advanced instruction. All players will receive instruction on stance and swing mechanics. Players will also be given instruction on topics from choosing the proper bat to game time adjustments.

Players will need to bring batting gloves, bats, and helmets if they choose. Players will be hitting off of tees, soft toss, front toss and pitching machines.

PITCHING CAMP

Pitchers will work on the basic skills for each pitch focusing on spin, stride, and body position. Emphasis will be put on the fast ball, drop ball, rise ball and change up.

Pitchers will need their glove, a ball, if they use smaller than 11", and if possible a catcher. Pitchers without a catcher will throw to each other when working on pitches.

CAMP COST

Cost for Hitting Camp is \$45. Cost for Pitching Camp is \$55. If a player should attend both camps they will receive a \$10 discount.



SUMMER CAMP

Do not forget SUMMER CAMP! MSSU will offer an Individual Skills Camp and a Team Camp for high schools.

Skills Camp Ages 6-12 June 7-9
Team Camp June 14 -16
Skills Camp Ages 12-18 June 21-23

ROAD CAMPS

If you cannot make it to Missouri Southern we will come to you. Camps can be done on a 1-day, 2-day or 3-day basis. Contact the MSSU Softball Office to discuss your needs and what camp will work best for your team or organization.

For registration and more information contact Bill Gray, 417-625-9873.

I/We, the Parents of _____
Herby give my/our approval for her participation in any and all activities of the MSSU camp(s) for which my child is enrolled. I/We do herby waive, release, absolve, indemnify and agree to hold harmless the Camp, its directors and staff. I/We grant permission for her to participate in the Camp and acknowledge that she is physically able to participate in Camp activity. Furthermore, I/We being the parents and or legal guardian of the applicant authorize MSSU and its agents permission to request emergency medical treatment or care as necessary to insure the well being of our dependant.
Signature of parent/guardian _____
Date _____